

## BREAKFAST

*monday – friday until 11:30*

*saturday and Sunday until 14:00*

### KICK START

*Raisin fig roll with cottage cheese,  
strawberries and cress + Smoothie (A,G,N) 6,50*

### SHAKSHUKA

*Tomato ragout with free range eggs,  
coriander and sour dough bread (A) 9,90*

### BREKKIE BREAD

*Walnut bread with fried free range egg,  
salad, tomatoes, cucumber, cress  
and hummus + Smoothie (A,G,C,L,H) 9,90*

### FRESH START

*free range scrambled eggs on toasted walnut bread,  
baby spinach with pomegranate-mint vinaigrette  
and sunflower seeds (A,O,G) 8,90*

### OSTRICH HAM

*with homemade mango-peach-Dukkah chutney, butter, goat cheese,  
black nuts, and sour dough bread (A,O,M) 11,90*

### SOUR DOUGH BREAD

*with two kind of dips (L,M,O) 6,50*

### BOILED EGG

*free range egg, soft or hard boiled 1,90*

### CEREAL BOWL

*Cereals, yoghurt, nuts, fruit salad  
and dried fruits (G,H,O) 6,90*

### BREAKFAST BOWL

*Sweet couscous with yoghurt, fruits, hemp seeds,  
sunflower seeds and roasted almonds (G,E) 7,90*

### VANILLA PORRIDGE

*Oats porridge with sun dried dates, pomegranate  
and hemp seeds (A,G,O,E,H) 6,90*

### WAFFLES

*with fruit salad, maple syrup and cream (A,G,C) 6,90*

### CROISSANT

*with homemade raspberry-coconut-chili jam  
or pineapple-curry jam (A,G,O) 4,20*

## BREAKFAST BUBBLES

*BREKKIE Prosecco 2,90*

*MIMOSA 4,50*

# MAINS

from 11:30

## RED CURRY

Vegetable curry with AFRO Spice Red Curry, sugar snap peas, pepper, celery, flat bread (A,I,M,O) 13,90

## RED LENTIL SALAD

with cherry tomatoes, feta and AFRO Spice Dukkah-coriander-pesto (L,M,O) 12,90

## COUSCOUS SALAD

Pitiim couscous with roasted mini pepper and AFRO Spice Chakalaka-Dip (A,I,M,O) 11,90

## SALAD BOWLS

with olives, tomatoes, dried tomatoes, cress, corn, cashews and polenta stick and chili dressing (A,G,O)

Feta cheese 9,90

Chicken & bacon 10,90

## AFRO WRAPS

with salad, roasted onions, tomato, cucumber, sour cream (G,A,O)

Feta cheese 9,60

Chicken & pineapple 9,90

## AFRO CLUBSANDWICH

with bacon, chicken, salad, fried egg, tomato and chili-mayonnaise optionally with side salad or AFRO Spice Cajun fries (A,G,I,O,M) 14,90

## AFRO STRAUSSENBURGER

with ostrich-pork patty, bacon, cheddar, red onion confit, salad, sour cream, tomato, cucumber and AFRO Spice Cajun fries with pineapple ketchup (A,G,I,O,G) 15,90

# SWEETS

## WAFFLES

with cream, fruit salad, maple syrup (A,C,G,O) 6,90

## HOMEMADE CAKES 3,90

## ICE COFFEE

Vanilla ice cream, coffee, cream (G) 5,90

## AMARULA ICE COFFEE

Vanilla ice cream, amarula, coffee, cream (G) 7,90